

# UPDATE

---

## July 2017

The Centre of Research Excellence in Prostate Cancer Survivorship is the first Australian multi-disciplinary survivorship centre that connects prostate cancer research to translation and action across:

- psychosocial and psychosexual health
- exercise medicine
- the economic costs of prostate cancer
- geographic inequalities in prostate cancer outcomes

The July Centre of Research Excellence in Prostate Cancer Survivorship contains:

- New Research published by our members
- New Affiliate Members for the Centre of Research Excellence – Prostate Cancer Survivorship

## NEW RESEARCH

### Publications and other outputs

- Review of Psychological interventions for prostate cancer survivors and their partners [here](#).
- How are men travelling six years after diagnosis? Find out [here](#).
- Mates helping mates. Find the history of Prostate Cancer Support Groups [here](#).
- Article in The Conversation on [Mindfulness in Cancer](#)
- Type of exercise and fatigue. How it affects prostate cancer patients [here](#) .
- What effect does exercise have on quality of life and physical function for cancer survivors? Find out [here](#).
- Does exercise improve mortality rates for cancer survivors in the long term? Want to know [more](#)?
- What effect resistance training has on muscular strength and body composition for [cancer patients](#).

- Do peer led groups lead to increased participation in exercise for men with Prostate Cancer? Find out [here](#).
- [Validation](#) of the five facets of mindfulness questionnaire for advance prostate cancer survivors.
- Can exercise suppress tumour growth in advanced prostate cancer patients with sclerotic bone metastases? Find out [more](#).

## Presentations

- Galvão DA. Exercise as Synergistic Treatment for Cancer. Australasian College of Exercise and Sports Physicians. 10-12th Feb, 2017, Gold Coast Australia.
- Galvão DA. Exercise Oncology: implications for recurrence and survival. Australasian College of Exercise and Sports Physicians. 10-12th Feb, 2017, Gold Coast Australia.
- Galvão DA. Exercise in the setting of androgen deprivation therapy and bone metastatic disease. Australasian College of Exercise and Sports Physician. 10-12th Feb, 2017, Gold Coast Australia.
- Newton NU. NHMRC - Prostate Cancer Survivorship. School of Medical and Health Sciences, Edith Cowan University. 7th Feb, 2017, Joondalup Australia.
- Chambers SK. Prostate Cancer Survivorship: Key targets for action. Annual Korean Society of Cancer Prevention Meeting 2016. 9th Dec 2016, Seoul Korea.
- Chambers SK. Prostate Cancer Survivorship. Seoul National University Bundang Hospital. 8th Dec 2016, Seoul Korea.
- Dunn J. Emerging cancer control challenges for the Asia Pacific region in psychosocial care and quality of life. Invited Presentation. Annual Korean Society of Cancer Prevention Meeting 2016. 9th Dec 2016, Seoul Korea.

# NEW AFFILIATE MEMBERS

A very warm welcome to our first Affiliate Members to join the CRE-PCS:

- Jena Buchan from Griffith University will be working with Stream 2
- Nicolas Hart from Edith Cowan University will also be working with Stream 2
- Sonja March from the University of Southern Queensland will be working with Stream 4
- Amanda Pomery from the Prostate Cancer Foundation of Australia will be working across all streams
- Camille Short from the University of Adelaide will be working with Stream 1
- Haitham Tuffaha from Griffith University will be working with Stream 3

We look forward to welcoming these Affiliate Members in Melbourne at our first Face-to-Face Meeting being held in conjunction with ANZUP ASM 2017.  
<https://www.anzup.org.au/content.aspx?page=asm-home>

An introduction to the [Centre of Research Excellence in Prostate Cancer Survivorship](#)

If you have any queries or would like further information about the Centre of Research Excellence – Prostate Cancer Research, please do not hesitate to contact us by [email](#) .

Or if you know someone who:

- may be interested in our centre,
- would like to subscribe to our e-news, or
- would like more information on any of the above,

please have them contact us by [email](#) .

<http://bit.ly/2ss3q1r>